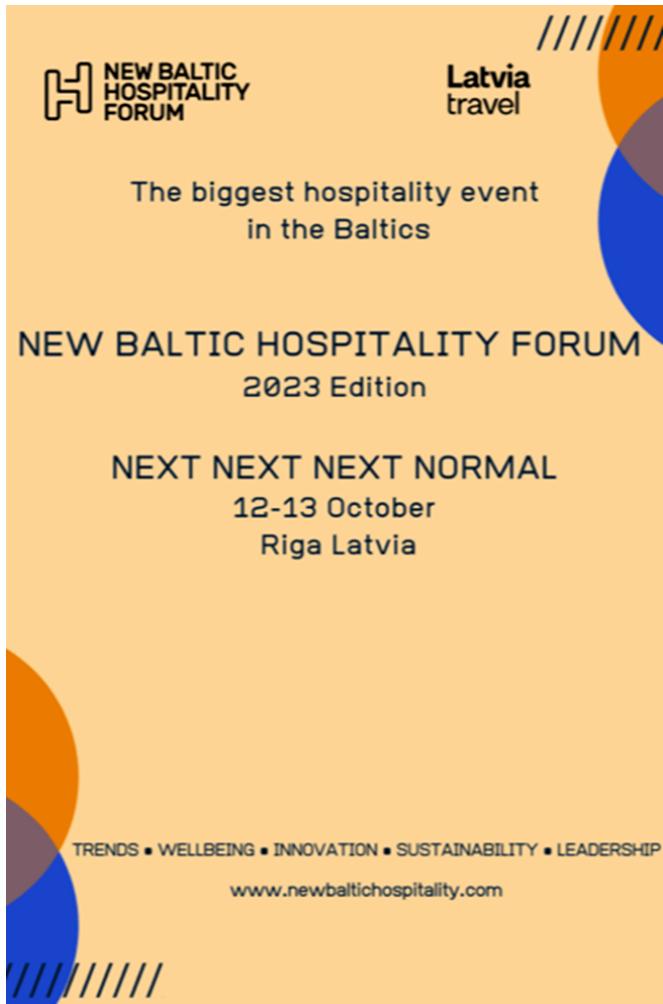


# LATVIA.TRAVEL



## New Baltic Hospitality Forum - the biggest hospitality event in the Baltics!

October 12 till October 13, 2023

NBHF 2023 is a premier gathering of hospitality professionals, industry leaders, and innovators. Event revolves around the critical pillars driving success in the hospitality world - uncovering the latest trends, prioritizing employee wellbeing, embracing innovation and focusing on sustainability and leadership that sets new benchmarks.

More information [here](#)

Autumn is a season filled with splendor - tree leaves are changing colors, nature's treasures are gathered, nights grow longer, and it's the perfect time to savor the taste, activities, and the journey offered by nature.

This is Latvia Travel's seasonal newsletter, designed for tourism professionals, and will be a guide to explore Latvia as a tourism destination, offering seasonal activities, useful information and tips for planning business visits as well as group and individual travels to Latvia.



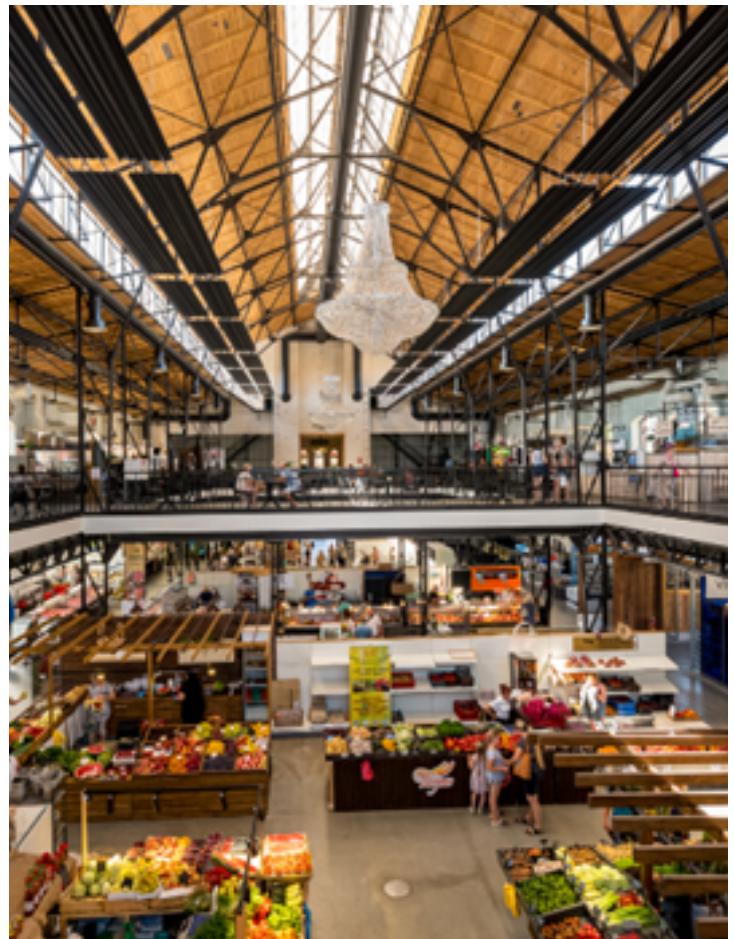
## Time of the year to savor Latvian cuisine

Autumn is a time for experiencing nature's bounties and culinary delights. It's the perfect moment to savor beloved Latvian dishes - mushrooms, forest berries, root vegetables - in new forms, by visiting the Autumn Restaurant Weeks held across Latvia.

During the Autumn Restaurant Weeks, a fresh twist is given to beloved and lesser-known vegetables, fruits, berries, and meat sourced from Latvia. We invite you to stay updated on the latest news and visit restaurants in Riga or other regions such as Valmiera, Jelgava, Liepaja, Cesis, Kuldiga, and Sigulda.

Did you know that being in nature and seeking shared adventures is a fantastic team-building activity? Autumn is the perfect time for forest foraging, where groups or individuals can venture into the woods, gather berries and mushrooms, explore nature, and enjoy the touch of fresh air. It's an enlightening activity where you can not only discover nature's treasures but also taste them on a culinary journey at the "Pavāru māja" restaurant.

If you can't find nature's treasures in the forest, you'll definitely find them at one of Latvia's markets – local delicacies, pickled goods, products from farmers, artisan crafts, smoked meats – all of this and more can be experienced by going on a gastronomic tour of one of Latvia's largest markets, Riga Central Market.



Riga Central Market is not only unique with its pavilions but also with its historic warehouses, known as "spīkeri," which have been transformed into a creative industries quarter. In 1998, the territory of Riga Central Market was included in the UNESCO World Heritage List. At Riga Central Market, you can purchase products grown in the Latvian countryside and prepared by local farmers, as well as exotic fruits, spices, and industrial goods. The market consists of five pavilions – vegetable, dairy, meat, fish, and gastronomy – as well as an open-air area with industrial products and artisan crafts, a Night Market, and a Farmers' 24-Hour Market.

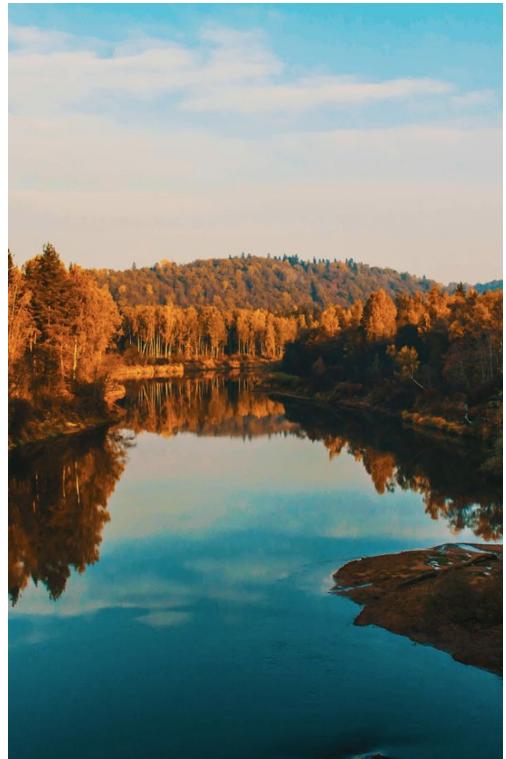
For those who appreciate more modern flavors, a visit to Āgenskalns Market is a must. It not only offers a contemporary Latvian taste market pavilion but also features a food court market on the second floor.

# Fairs and activities

**Autumn in Latvia is a stunning display of nature's beauty, with golden hues painting the landscapes and exciting events boosting the nation's spirit.**

The contemporary art festival Survival Kit will happen from 7 September till 8 October 2023 in Riga, and it is comprised of a curated exhibition and an event programme. Each year, the festival's appointed curator (or curators) carefully selects the themes explored, inviting artists from around the world to offer alternative scenarios of survival.

The festival's mission to critically investigate and reflect on the evolution of contemporary society has made it a key platform for the Latvian Centre for Contemporary Art (LCCA) to showcase its commitment to research, creation, and development of contemporary art processes in Latvia and internationally since 1993.



The inaugural World Athletics Road Running Championships will take place on 30 September and 1 October 2023 in Riga, being the most significant public sporting and athletics event in the history of the Baltic countries, and that is why call our Capital city 'Riga – World Capital of Running'.

The Riga International Film Festival (RIGA IFF) will take place from 12 to 22 October in Riga; it is one of Latvia's premier cultural events, presenting the latest happenings in domestic and global cinema.



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November 18 in Latvia: embracing the flames of independence, as the nation ablaze with pride and resilience, comes alive with vibrant events that commemorate the proclamation of Latvia's independence, while paying homage to the unwavering spirit and courage of its people.

# Plan ahead



## Riga Christmas Market

Experience the Enchanting Wonderland of [Riga Christmas Market](#), where the heart of Latvia's capital city transforms into a festive fairy tale from December 3 to January 1, captivating visitors with twinkling lights, savory treats, delightful handicrafts, and a warm, joyous atmosphere that embodies the true spirit of the holiday season.



## Winter Season at the Latvian National Opera

Indulge in the captivating world of opera and ballet during Latvia's Winter Season at the [Latvian National Opera](#), where from classical masterpieces to contemporary productions, a mesmerizing repertoire awaits, enchanting audiences with spellbinding performances.

# Practical information

Before travelling to Latvia, we recommend you read practical information that will help you plan the best experience for individual, business and group travel.



## Get to know MEET LATVIA

Get to know MEET LATVIA - we offer free, impartial advice to anyone planning MICE events in Latvia or considering Latvia as a host destination. Whether you're at the start of the organizing journey or further down the road, we can support you with recommendations and contacts, or act as a sounding board.

## Latvia.travel

Useful information will help to plan your trip to Latvia. Look into Latvian regional tourism maps and descriptions of popular tourism destinations, find the closest Tourism Information Center and learn where to rent a car.

You are also welcome to take a look at cooperation opportunities for tour operators and travel agencies and media, as well as useful materials and brochures.



Latvia affords its people and visitors the space to breathe, rest and recharge. At the same time, it is a vibrant European Union member state with a buzzing startup industry, flourishing food scene, international achievements in science, sports and culture. Maintaining a work-life balance comes naturally to locals. This makes for a great leisure and professional tourism destination, further strengthened by state-of-the-art infrastructure, daily direct flights from most European capitals and multilingual staff well-versed in the latest technology.



## Interesting facts

Latvia is one of the three Baltic states located in Northern Europe; its nature is rich in forests and beaches, its capital Riga is known for its Art Nouveau buildings and Latvians are proud of their traditions, food and culture.

[Learn more](#)

# Enjoy your autumn in Latvia!



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