





Tourist information centres

1. **Aglona** [www.aglona.lv](http://www.aglona.lv)

2. **Aizpute** [www.aizputesnovads.lv](http://www.aizputesnovads.lv)

3. **Aloja** [www.staicele.lv](http://www.staicele.lv)

4. **Alūksne** [www.aluksnelv.lv](http://www.aluksnelv.lv)

5. **Ape** [www.apel.v](http://www.apel.v)

6. **Auce** [www.aucelv.lv](http://www.aucelv.lv)

7. **Balvi** [www.balvilv.lv](http://www.balvilv.lv)

8. **Bauska** [www.tourism.bauska.lv](http://www.tourism.bauska.lv)

9. **Burtņieki** [www.burtņiekunovads.lv](http://www.burtņiekunovads.lv)

10. **Carnikava** [www.tourism.carnikava.lv](http://www.tourism.carnikava.lv)

11. **Cesvaine** [www.cesvaine.lv](http://www.cesvaine.lv)

12. **Cēsis** [www.tourism.cesis.lv](http://www.tourism.cesis.lv)

13. **Dagda** [www.visitdagda.com](http://www.visitdagda.com)

14. **Daugavpils** [www.visitdaugavpils.lv](http://www.visitdaugavpils.lv)

15. **Dobele** [www.dobele.lv](http://www.dobele.lv)

16. **Dundaga** [www.dundaga.lv](http://www.dundaga.lv)

17. **Durbe** [www.durbe.lv](http://www.durbe.lv)

18. **Ergļi** [www.ergli.lv](http://www.ergli.lv)

19. **Gauja National Park, Gūtmaņala** [www.gnp.lv](http://www.gnp.lv)

20. **Gauja National Park, Ligatne Nature Trails** [www.gnp.lv](http://www.gnp.lv)

21. **Gaujiena** [www.gaujiena.lv](http://www.gaujiena.lv)

22. **Gulbene** [www.visitgulbene.lv](http://www.visitgulbene.lv)

23. **Ieriķi** [www.tourism.amatassnovads.lv](http://www.tourism.amatassnovads.lv)

24. **Jaunjelgava** [www.jaunjelgavalv.lv](http://www.jaunjelgavalv.lv)

25. **Jēkabpils** [www.jekabpils.lv](http://www.jekabpils.lv)

26. **Jelgava** [www.visitjelgavalv.lv](http://www.visitjelgavalv.lv)

27. **Jūrmala** [www.tourism.jurmala.lv](http://www.tourism.jurmala.lv)

28. **Jūrmalciems** [www.jurmalciekamklajumiviss.lv](http://www.jurmalciekamklajumiviss.lv)

29. **Kandava** [www.visitkandava.lv](http://www.visitkandava.lv)

30. **Koknese** [www.koknese.lv](http://www.koknese.lv)

31. **Kolkasrags** [www.kolkasrags.lv](http://www.kolkasrags.lv)

32. **Krāslava** [www.visitkraslava.com](http://www.visitkraslava.com)

33. **Kuldīga** [www.visitkuldiga.lv](http://www.visitkuldiga.lv)

34. **Ķekava** [www.kekavalv.lv](http://www.kekavalv.lv)

35. **Liepāja** [www.liepaja.travel](http://www.liepaja.travel)

36. **Līgatne** [www.visitligatne.lv](http://www.visitligatne.lv)

37. **Limbazi** [www.visitlimbazi.lv](http://www.visitlimbazi.lv)

38. **Līvāni** [www.livani.lv](http://www.livani.lv)

39. **Ludza, Cibla** [www.ludza.lv](http://www.ludza.lv)

40. **Madona** [www.visitmadona.lv](http://www.visitmadona.lv)

41. **Mazsalaca** [www.mazsalacalv.lv](http://www.mazsalacalv.lv)

42. **Naujene** [www.naujene.lv](http://www.naujene.lv)

43. **Nīca** [www.nicalv.lv](http://www.nicalv.lv)

44. **Ogre, Ikšķile** [www.latvijascentrs.lv](http://www.latvijascentrs.lv)

45. **Pārgauja** [www.pargaujasnovads.lv](http://www.pargaujasnovads.lv)

46. **Pāvilosta** [www.pavilostalv.lv](http://www.pavilostalv.lv)

47. **Pļaviņas** [www.plavinunovads.lv](http://www.plavinunovads.lv)

48. **Preiļi** [www.preililv.lv](http://www.preililv.lv)

49. **Priekule** [www.priekulesnovads.lv](http://www.priekulesnovads.lv)

50. **Rauna** [www.raunalv.lv](http://www.raunalv.lv)

51. **Rēzekne, Viļāni** [www.rezeknelv.lv](http://www.rezeknelv.lv)

52. **Rīga** [www.liveriga.com](http://www.liveriga.com)

53. **Roja** [www.rojalv.lv](http://www.rojalv.lv)

54. **Rucava** [www.rucavalv.lv](http://www.rucavalv.lv)

55. **Rūjiena** [www.rujienalv.lv](http://www.rujienalv.lv)

56. **Sabīle** [www.sabilelv.lv](http://www.sabilelv.lv)

57. **Salacgrīva** [tourism.salacgrivalv.lv](http://tourism.salacgrivalv.lv)

58. **Salaspils** [www.salaspils.lv](http://www.salaspils.lv)

59. **Saldus** [www.saldus.lv](http://www.saldus.lv)

60. **Saulkrasti** [www.visitsaulkrastilv.lv](http://www.visitsaulkrastilv.lv)

61. **Sigulda** [www.tourism.sigulda.lv](http://www.tourism.sigulda.lv)

62. **Skrunda** [www.skrundassnovads.lv](http://www.skrundassnovads.lv)

63. **Smiltene** [www.smiltene.lv](http://www.smiltene.lv)

64. **Strenči** [www.strencunovads.lv](http://www.strencunovads.lv)

65. **Talsi** [www.talstourism.lv](http://www.talstourism.lv)

66. **Tērvete** [www.zemgaletourism.lv](http://www.zemgaletourism.lv)

67. **Tukums** [www.turisms.tukums.lv](http://www.turisms.tukums.lv)

68. **Valdemārpils** [www.valdemarpils.lv](http://www.valdemarpils.lv)

69. **Valka** [www.valkalv.lv](http://www.valkalv.lv)

70. **Valmiera** [visit.valmieralv.lv](http://visit.valmieralv.lv)

71. **Varakļāni** [www.varaklanilv.lv](http://www.varaklanilv.lv)

72. **Ventspils** [www.visitventspils.com](http://www.visitventspils.com)

73. **Viesīte** [www.viesite.lv](http://www.viesite.lv)

74. **Zaņa** [www.zanavl.lv](http://www.zanavl.lv)

**Q** - owner of the "Q-Latvia" quality system certificate

Regional tourism associations

- Kurzeme** [www.kurzemelv.lv](http://www.kurzemelv.lv)

**Vidzeme** [www.vidzeme.com](http://www.vidzeme.com)

**Latgale** [www.visitlatgale.com](http://www.visitlatgale.com)

**Zemgale** [www.travelzemgale.lv](http://www.travelzemgale.lv)

Useful phone numbers

Dial Code for Latvia
 + 3 7 1

Where to call in an emergency (toll free)

- Emergency
1 1 2

Police
1 1 0

Fire-fighters
1 1 2

Medical Service
1 1 3

Gas emergency
1 1 4

Road accidents
1 8 8 8
- The EU-wide emergency number for police, fire-fighters and medical service.

24 hour information services
 1 1 8 8 1 1 8 9
 All kind of information about Latvia (pay per minute)

Latvia.travel Mobile app (free)

This is your official guide for travelling in Latvia. Free Latvia.travel mobile app for "iPhone" and "Android" users will help to find tourist sites, accommodation, events, restaurants and cafes, tourist information centres. You can also use this app to get around with it's navigation features like walking or driving directions and distance calculation. Easy to use and useful for discovering Latvia!



[www.latvia.travel/mobile](http://www.latvia.travel/mobile)

Latvian travel videos

[www.vimeo.com/channels/latviatravel](http://www.vimeo.com/channels/latviatravel)

EDEN

**EDEN awarded destinations:**
36 Jūrmala
52 Kuldīga
48 Tērvete
as well as Liepāja, Līgatne and Rēzekne.
More information: <http://ec.europa.eu/eden>



Green advice: Choose environmental protection!
 www.daba.gov.lv

**Plan and prepare**

- Choose recreation in Latvia as travelling leaves a footprint as well.
- Use multiple-use and washable containers to pack groceries.
- Borrow or rent equipment. You do not have to buy everything.
- Use public transport more.

**Respect rules and other people's rights**

- Find out rules of area visits and follow them.
- Remember that certain places might have certain restrictions. They usually concern environmental protection rules, recreation, staying on private property, crossing agricultural land etc.

**Do not leave evidence of your presence**

- Walk on paths or footbridges to avoid trampling down the area.
- Set up camp at existing resting areas. Take care of caulescent plants, moss, lichen and their areas of growing.
- Go into the nature quietly to avoid disturbing wild animals.
- Take only photos and impressions with you when you leave!
- If there is no toilet, dig a whole away from the water, path, and camping place.
- Fill it up with dirt before leaving.
- Use toilet paper within reason. Do not be afraid to use natural alternatives: moss, leaves, snow.

**Be careful with fire!**

- Use only resting areas with bonfire places specified in guides. Be thrifty with

**firewood**, especially in places where it is delivered.

- Agree on setting up bonfire places beyond resting places with land owners or area managers.
- If it is allowed to set up bonfire, consider the choice of place:
  - use an existing bonfire place;
  - if there is none, cut out and roll up or lift out turf.
- Make the area 2 times bigger than the bonfire.
- After burning, organize the bonfire place and wait until ashes and coal cool down. Only then put the turf back.
- When gathering kindling and branches, pick them up from the ground. Refrain from breaking branches of growing trees.
- Remember! Never make a bonfire in places with fire hazard and during the fire hazard season!

**Wash your dishes and yourself away from water**

- Take water for dishes in a bigger container. Pour the used water on the ground rather than back into the river or lake. Thus you will refrain from polluting the water unnecessarily.
- Wash yourself in a similar way.
- Use detergents only if really necessary.

**Unpack, use, pack up**

- Use disposable packaging materials as little as possible. Thus you will reduce waste accumulation.
- Take food remains, tea bags or food packaging with you.

**Bus**

**Riga Coach Terminal**

- Address: Pāgas iela 1
- Bus schedules: [www.autoosta.lv](http://www.autoosta.lv)
- Online booking: [www.bezindas.lv](http://www.bezindas.lv)
- Information line: +371 90000099 (pay per minute)
- Ticket desk opening hours: 6:00-22:00

**Train**

**Riga Central Railway Station**

- Address: Stacijas laukums 2
- Information about trains and timetables: [www.ldz.lv](http://www.ldz.lv)
- Online booking: [ticket.ldz.lv](http://ticket.ldz.lv)
- Information line: +371 67231181
- E-mail: [uzznas@ldz.lv](mailto:uzznas@ldz.lv)
- Ticket desk opening hours: 4:30-23:40

**Car**

**Latvian State Roads**

- Traffic restrictions: [www.lvccl.lv](http://www.lvccl.lv)
- Useful information for car drivers: [www.celugids.lv](http://www.celugids.lv)

**Traffic Information Centre**

24-hour information line: +371 65025555

**Road Traffic Safety Department (CSDD)**

- Tel: +371 67025777
- Website: [www.csdd.lv](http://www.csdd.lv)

**Latvian Automotive Club (LAMB)**

- 24-hour car help and information service. Tel: 1888
- Website: [www.lamb.lv](http://www.lamb.lv)

**Automobile club SOS**

- 24-hour car help and information service. Tel: +371 67333333
- Website: [www.sos.lv](http://www.sos.lv)

**Taxi**

**Taxi information service "TAXI 8880"**

- Tel: 8880
- E-mail: [8880@8880.lv](mailto:8880@8880.lv)

**Bicycle**

**Bicycle Tourism Information Centre**

- Tel: +371 67507103
- Website: [www.bicycle.lv](http://www.bicycle.lv)

**Latvian Cyclists' Union**

Website: [www.dvritenis.lv](http://www.dvritenis.lv)

**European cycle route network "EuroVelo"**

Website: [www.eurovelo.org](http://www.eurovelo.org)

**Bicycles may be carried on trains!** If the circumference of the bicycle exceeds 2 m a luggage ticket should be purchased. Information: [www.pvlv.lv](http://www.pvlv.lv)

**Watch your bicycle!**

- When buying a bicycle always request a bicycle passport which specifies the frame number!
- Use a safe bicycle lock!
- Do not leave the bicycle in a remote area for a long time, try to leave it in a guarded area / close to surveillance cameras, in places where there are a lot of people!
- Lock the frame to the bicycle rack with both wheels, if possible!
- Remove additional equipment: lamp, bicycle computer, pump before you leave the bicycle!
- To protect wheels or the seat from stealing, use screws instead of eccentric couplings!