





### Gauja National Park



Feel the allure of primeval nature, return back in mysterious medieval times and enjoy the activities full of adrenaline all year long in the most popular national park in Latvia!

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[www.entergauja.com](http://www.entergauja.com)

### EDEN – the most excellent tourist destinations in Europe



Ligmatne is famous for its nature trails, sandstone outcrops, numerous caves, and the village of the paper mill.

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[www.visitligatne.lv](http://www.visitligatne.lv)

Cēsis has always been proud of its cultural and historical heritage, artistic wealth, and outstanding cultural traditions.

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[www.visit.cesis.lv](http://www.visit.cesis.lv)

### Garden pearls



76 most beautiful gardens and parks in Latvia and Estonia!

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[www.gardenpearls.eu](http://www.gardenpearls.eu)

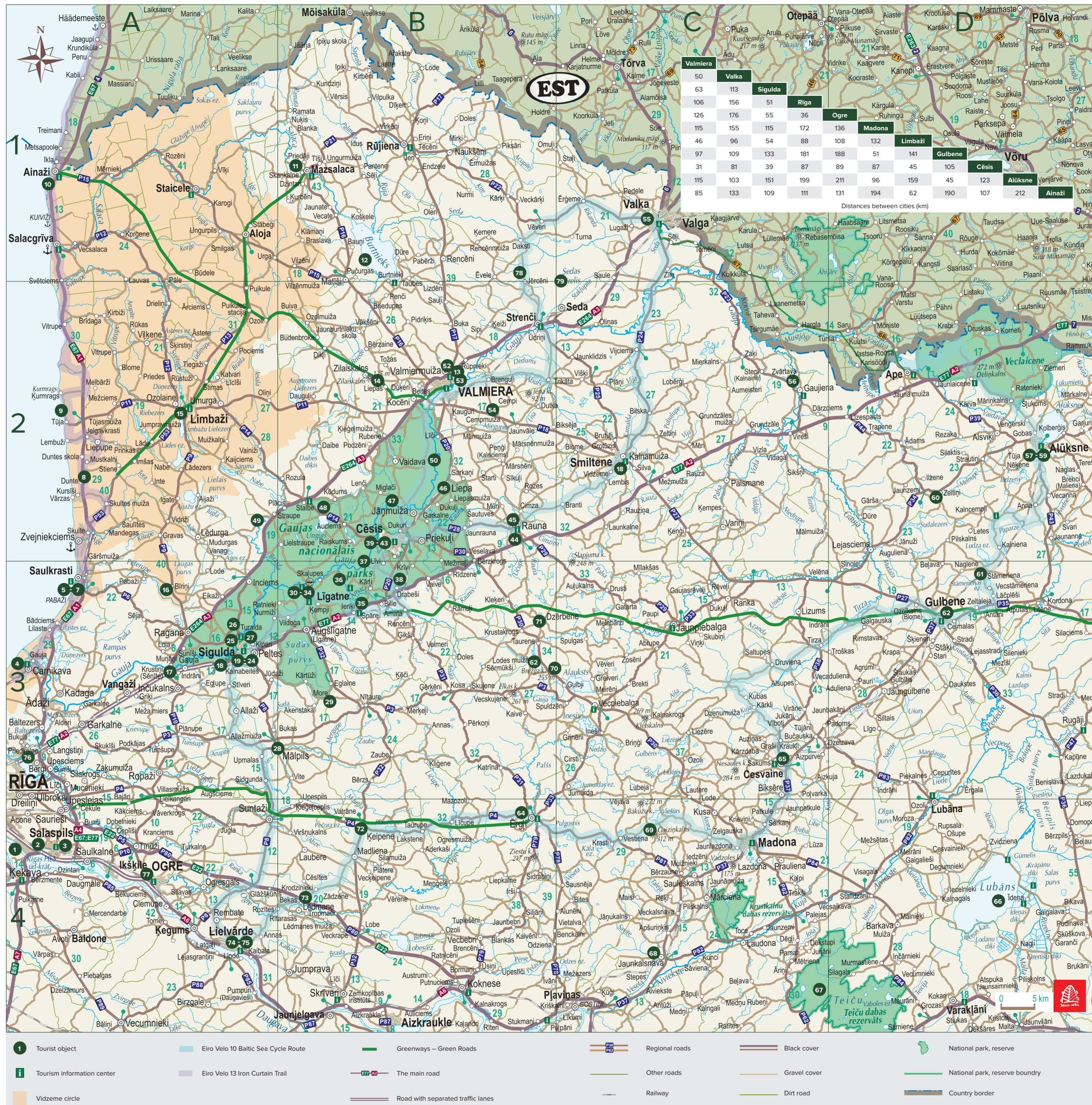
### Vidzeme Coast



From the white sand beaches to sandstone cliffs, boulders in the sea and unforgettable sunsets - let yourself immerse in the excitement of the seashore!

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[www.facebook.com/VisitVidzeme](http://www.facebook.com/VisitVidzeme)



### Routes



#### Long-distance hiking routes

**Jūrtaika** is part of the European long-distance hiking route E9 along the Baltic Sea, leading along the coasts of Latvia, Lithuania, and Estonia.



**Mežtaka** is part of the European long-distance hiking route E11 in the Baltic States, leading through the most beautiful forests and national parks of Latvia, Lithuania, and Estonia.



#### Cycling routes

**Euro Velo.** Two international routes pass through Vidzeme: Euro Velo 10 Baltic Sea Cycle Route and Euro Velo 13 Iron Curtain Trail.



[www.vidzeme.com](http://www.vidzeme.com)  
[www.eurovelo.org](http://www.eurovelo.org)

**Tour de LatEst.** Leave for adventure along Latvia's Northeast and Estonian Southeast region, where steep hills interchange with flat areas, asphalted motorways change into gravel rural roads, from where forest paths branch off.



**Greenways.** The routes of non-motorized tourism along former railway tracks in Vidzeme and Southeast Estonia are especially friendly to bikers, pedestrians, horse riding, Nordic walking, as well as in winter season - for cross-country skiing and dog sleds.



[greenrailways.eu](http://greenrailways.eu)



#### Boating routes

Boating routes, water tourism maps, events, and useful tips.

[www.upesoga.lv](http://www.upesoga.lv)



#### Via Hanseatica

Go along old Hansa route from Riga to St Petersburg and in three particular routes enjoy the allurements of nature, exciting adventures and cultural treasures.

[www.viahanseatica.info](http://www.viahanseatica.info)

Booking required

Latvian Heritage

Map quadrant

- Tourist object
- Euro Velo 10 Baltic Sea Cycle Route
- Greenways – Green Roads
- Regional roads
- Black cover
- National park, reserve
- Tourism information center
- Euro Velo 13 Iron Curtain Trail
- The main road
- Other roads
- Gravel cover
- National park, reserve boundary
- Vidzeme circle
- Road with separated traffic lanes
- Railway
- Dirt road
- Country border