

# Riga - home of airBaltic

- Air traffic hub for Baltics
- More than 100 direct flights

### airBaltic codeshare partners:









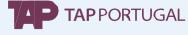












# Closest destinations from Riga International Airport

The capital Riga is only 9 km away while the resort city Jurmala is in 15 km distance

Baltic Sea

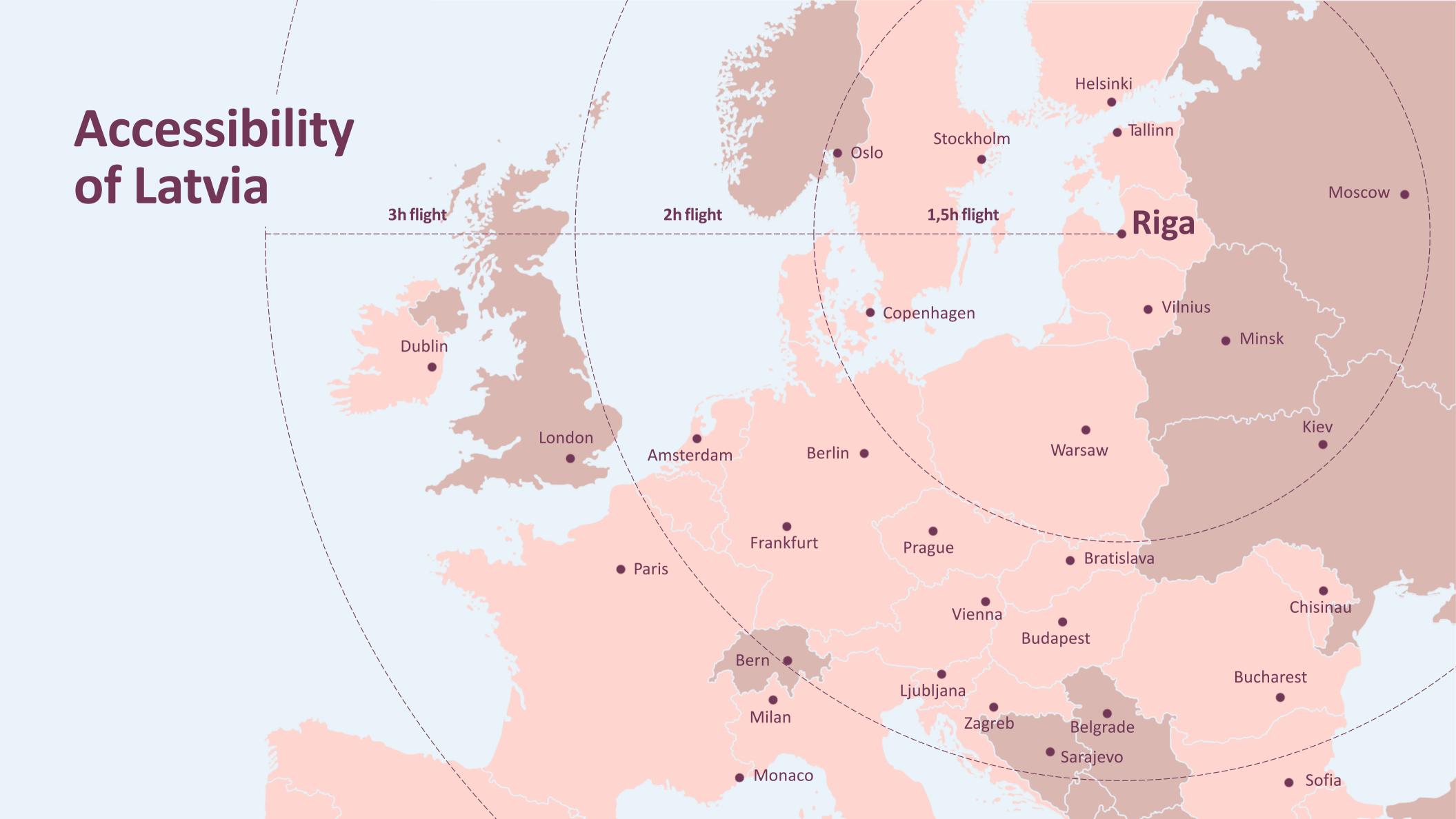


15km

Riga International Airport

Riga City Center

9km



# Ferry lines

Ferries operate to and from 3 port cities in Latvia – Riga, Liepaja and Ventspils. A cruise trip connecting Riga and Stockholm is only 18 hours long and is available up to 7 times a week.

The ferry between Liepaja and
Travemunde in Germany operates up to 5
times a week with sailing duration from
26 hours.

Seasonal ferry between Riga and Helsinki.

**♥**TALLINK | SILJA LINE /?

Stena Line



# The top reasons why you should choose Latvia for medical treatment

Latvia's health clinics and hospitals can offer patients quality diagnostic and healthcare services, combining the experience of doctors with the latest technologies and high standards.



# Quality and personal care

the very best opportunity for each patient



#### **Availability**

our doctors are ready to meet patients on weekends, if arranged



### Professional knowledge

expertise, as well as the newest treatment methods



### Safety and EU quality standards

international quality standards



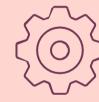
#### **Privacy**

we guarantee absolute confidentiality



#### Savings

patients make cost savings of 50-70% comparing with Western European and Scandinavian countries



#### **Technology**

cutting edge technologies



### No language barriers

Latvian specialists are vastly experienced in working with foreign patients



# Diagnostics

Latvia's clinics offer medical imaging, endoscopies, functional and invasive diagnostics, tests and check-up packages. Some screening programmes consisting of two to four procedures can be completed within just a few hours. Patients receive European quality at affordable rates.





# Dentistry

Visits to a hygienist, dentist, surgeon, implantologist and prosthetologist can be arranged within a short time of one another. The highly qualified specialists have interned at German, Swiss and American clinics and regularly participate in international congresses, conferences and seminars to enhance their knowledge.





### IVF and fertility

Latvia's clinics have a success rate of well over 50%. In patients up to 30 years of age, fertilisation is successful in over 70% of cases, which is one of the best results in Europe. Latvia is home to the only reproductive genetics laboratory in Northern Europe where tests can be conducted at the embryonic stage, allowing to identify genetic illnesses.





# Oncology

Latvia has over 70 years of experience in the research and treatment of oncological diseases, which ensures specialists are very thoroughly trained. Thanks to their level of expertise, access to modern equipment and methods, Latvian oncology specialists are some of the best in Europe.

# Ophthalmology

The state-of-the-art equipment in Latvia's clinics and experienced staff comply with European and American quality standards. Latvia's ophthalmologists regularly attend international training and experience exchange programmes in the USA, the UK, Austria, India, Germany, Denmark, Sweden and other countries to be able to apply the most progressive treatments.



# Reconstructive surgery

Latvia's leading plastic surgeons are internationally acclaimed and their reconstructive work has been showcased at global congresses. They give lectures abroad and belong to leading industry associations including the International Confederation for Plastic Reconstructive and Aesthetic Surgery (IPRAS), the American Society for Aesthetic Plastic Surgery (ASAPS) and European Society for Laser Aesthetic Surgery (ESLAS).





# Plastic surgery

Latvia's surgeons have attained their education and internships at the best Western medical universities and clinics. Personal responsibility and uncompromising standards of excellence. Clinics provide unique operating and recovery conditions that guarantee maximum aesthetic outcome and absolute confidentiality.







# Phlebology and proctology

In Latvia we are offering worldwide- recognised treatment using all of the modern methods that are currently in use around the world along with combinations of these methods to achieve the best results. Clinics are equipped with state-of-the-art equipment.



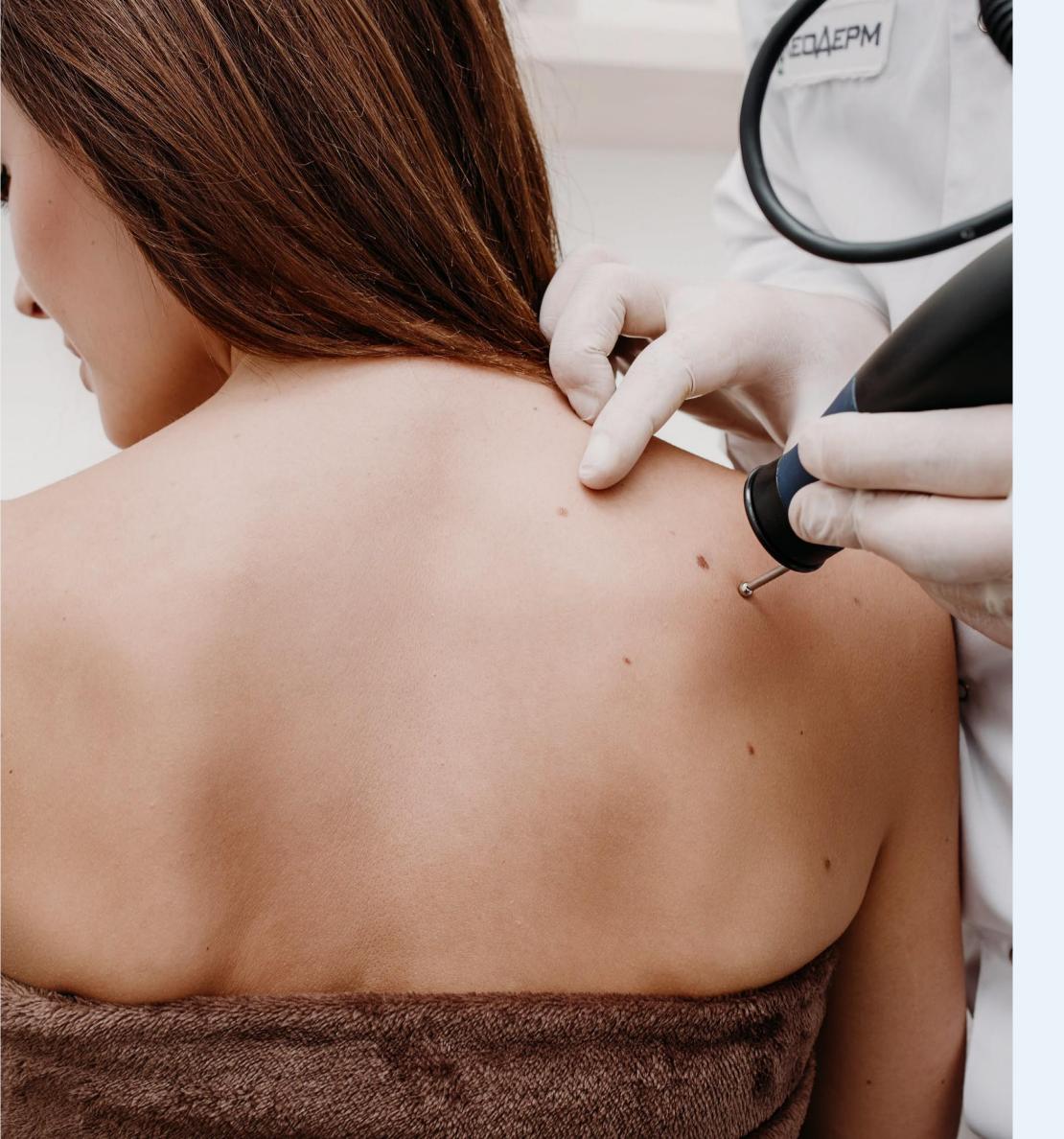
### **Paediatrics**

Most doctors working with childrens consider their work to be not just a service, but a mission.

Doctors are educated and do internships abroad and in some sectors, such as cardio surgery, conduct complex world-class operations, in collaboration with foreign doctors.







# Dermatology

Latvia's dermatologists are experienced professionals with an international education and focus on development. Many are members of key industry associations in Latvia and Europe.

Dermatologists can help treat acute and chronic skin diseases, skin growths, fungal skin and nail infections, acne and dermatitis, septic and viral skin conditions such as furunculosis and herpes, scabies, pediculosis, demodicosis, skin psoriasis and more.



### Gastroenterology

Advanced diagnostic equipment and technologies significantly reduce examination times and improve precision. The variety of treatment options available helps doctors find the right course of action for each individual patient. Latvia's gastroenterologists can help get to the root cause of digestive problems, reflux disease, stomach aches, vomiting, irregular and painful bowel movements, and unexplained weight loss.





# Orthopaedics

Latvia's doctors are highly sought after by professional athletes, including ice hockey and basketball players, as well as ballet dancers.

Doctors have practiced at several American and European clinics and are members of the European Society of Sports traumatology, Knee surgery and Arthroscopy (ESSKA), International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine (ISAKOS) and other associations.



### **Aesthetic medicine**

Aesthetic medicine is available at short notice and at competitive rates.
Latvia's clinics are equipped with world class equipment to help resolve numerous skin conditions and carry out unique skin rejuvenation procedures.
Less invasive methods are becoming more common as technology advances.





# Otorhinolaryngology

Since ear, nose and throat conditions are often connected with other illnesses, patients may also be seen by otoneurologists, allergologists, gastroenterologists, audiologists, children's neurologists, paediatricians, children's infectologists and hearing aid technicians to determine the best course of action.

Contemporary technology and methods can lessen patients' discomfort.







# Gynaecology and urology

Doctors use the latest approaches and equipment to carry out accurate diagnostic procedures and surgery. Doctors have gained international experience at Europe's leading university hospitals in France, the UK, Italy and elsewhere. Both doctors and clinics are members of major international associations of gynaecologists and obstetricians such as the ISUOG and ISPD.

# **Psychiatry**

A group of specialists including psychiatrists, psychotherapists, narcologists, physiotherapists and art therapists apply the latest research-based methodology to produce personalised treatment plans to improve patients' physical and emotional wellbeing.







### Medical rehabilitation

Patients receive treatments to encourage recovery after operations, injuries or periods of illness, as well as tackle chronic illness and boost the immune system as a preventative measure. The centres' psychotherapeutic approach also enhances patients' emotional wellbeing.



# Spa & wellness

The services of Latvia's clinics are being increasingly appreciated by foreign clients receiving high-class treatment corresponding to international standards for low prices. The range of services includes a full care package.







### Childbirth

Latvia's clinics are high level medical institutions which provide quality obstetrics services to latvian residents, but also to a significant number of foreign patients. Patients arrive here to receive medical care from countries including norway, sweden, the united kingdom, ireland, russia and other countries.





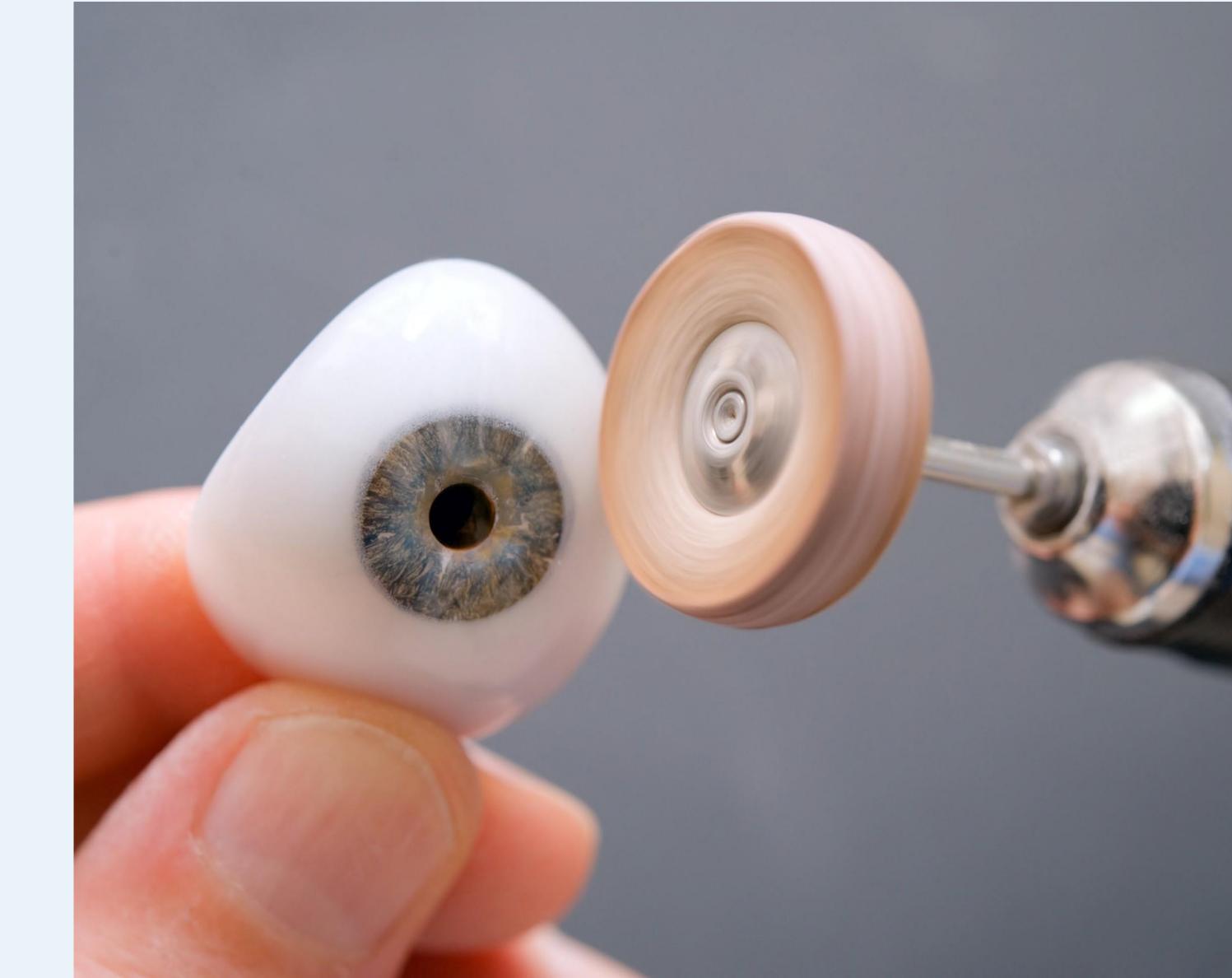
# Eye prosthesis

### **Product:**

eye prostheses made from various materials to fill in the eye cavity.

#### **Indications:**

for people who have lost one or both eyes due to an accident or illness, as well as in cases when the pupil of the eye has become blind, has contracted or become dull.





# Oncolytic virotherapy

### Service:

virotheraphy virus.

### **Indications:**

for oncological patients, a particularly valuable method for treating tumours that do not respond to radiotherapy or chemotherapy, e.G. Melanomas.

# Cyberknife® m6

### Service:

radiotherapy robot cyberknife® m6.

### **Indications:**

patients with cancer, benign tumours and other illnesses that can be treated using radiosurgery or radiotherapy.



# Tricopigmentation

#### **Service:**

tricopigmentation procedure HIM.

#### **Indications:**

hair loss in men; brief or complete loss of hair in men and women due to illness, to increase hair thickness after a hair transplant; scar camouflage; and to create density in the beard and moustache area.





# Andrology centre

#### **Service:**

microsurgical spermatozoid extraction or removal (m-tese – microsurgical testicular sperm extraction).

#### **Indications:**

men whose sperm does not contain spermatozoa. Useful for a patient, who has undergone a standard biopsy in which spermatozoa were not found, or in the event that before any spermatozoid search procedure, the doctor suspects that the chances of finding them are negligible.

# Genetic analyses

#### **Service:**

doctor-geneticist's consultations, genetic diagnostics and dna tests.

#### **Indications:**

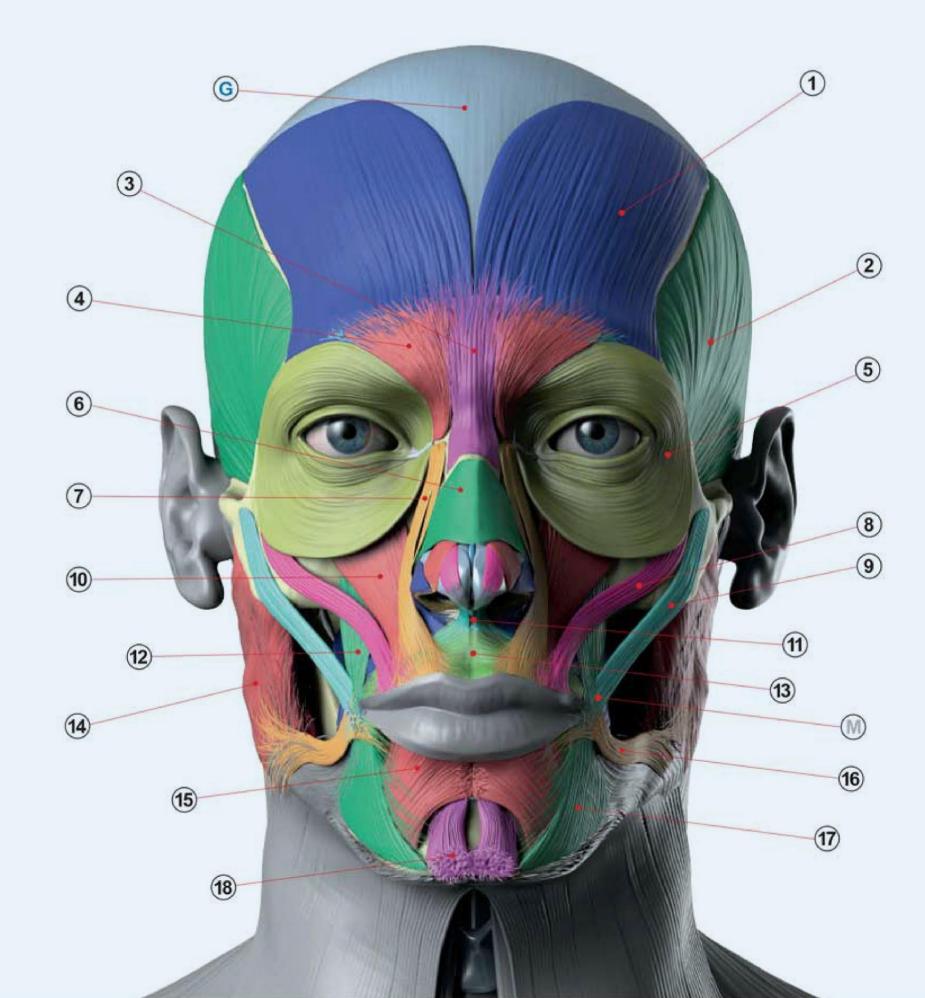
couples in situations in which there have been cases in the family or relatives' families of children being born with mental and/or physical retardation, parents diagnosed with genetic diseases or chromosomal anomalies, cases involving one or more spontaneous abortions or structural foetal anomalies discovered during the course of pregnancy.





# Anatomy next

3D human atlas which boosts learning among the medical students.

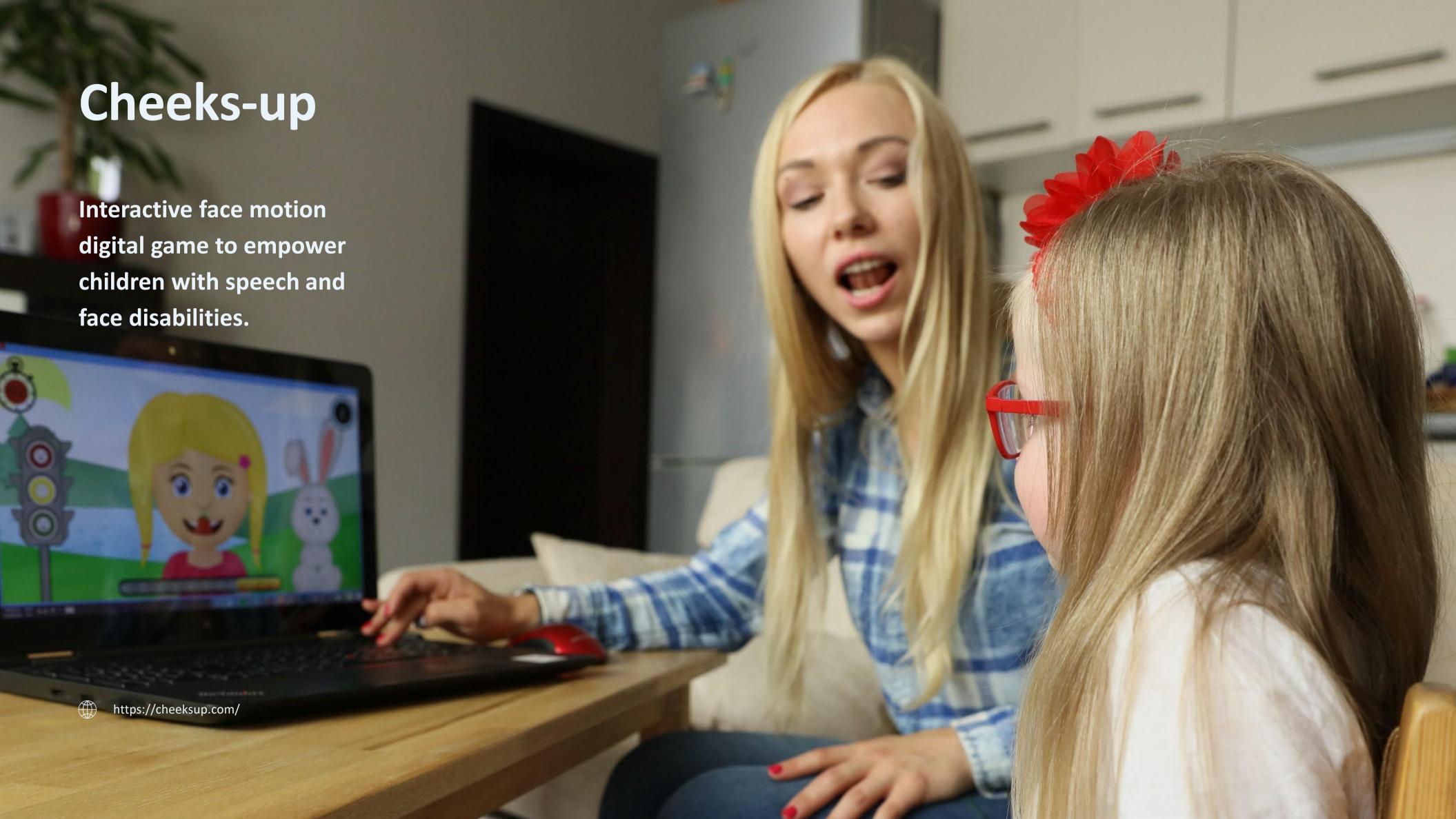


# Castprint

CastPrint® is 3D printed casts for various types of fracture injuries. 3D printed casts are a lightweight, ventilated and waterproof. Casts made from biodegradable plastic which is environmentally friendly material.

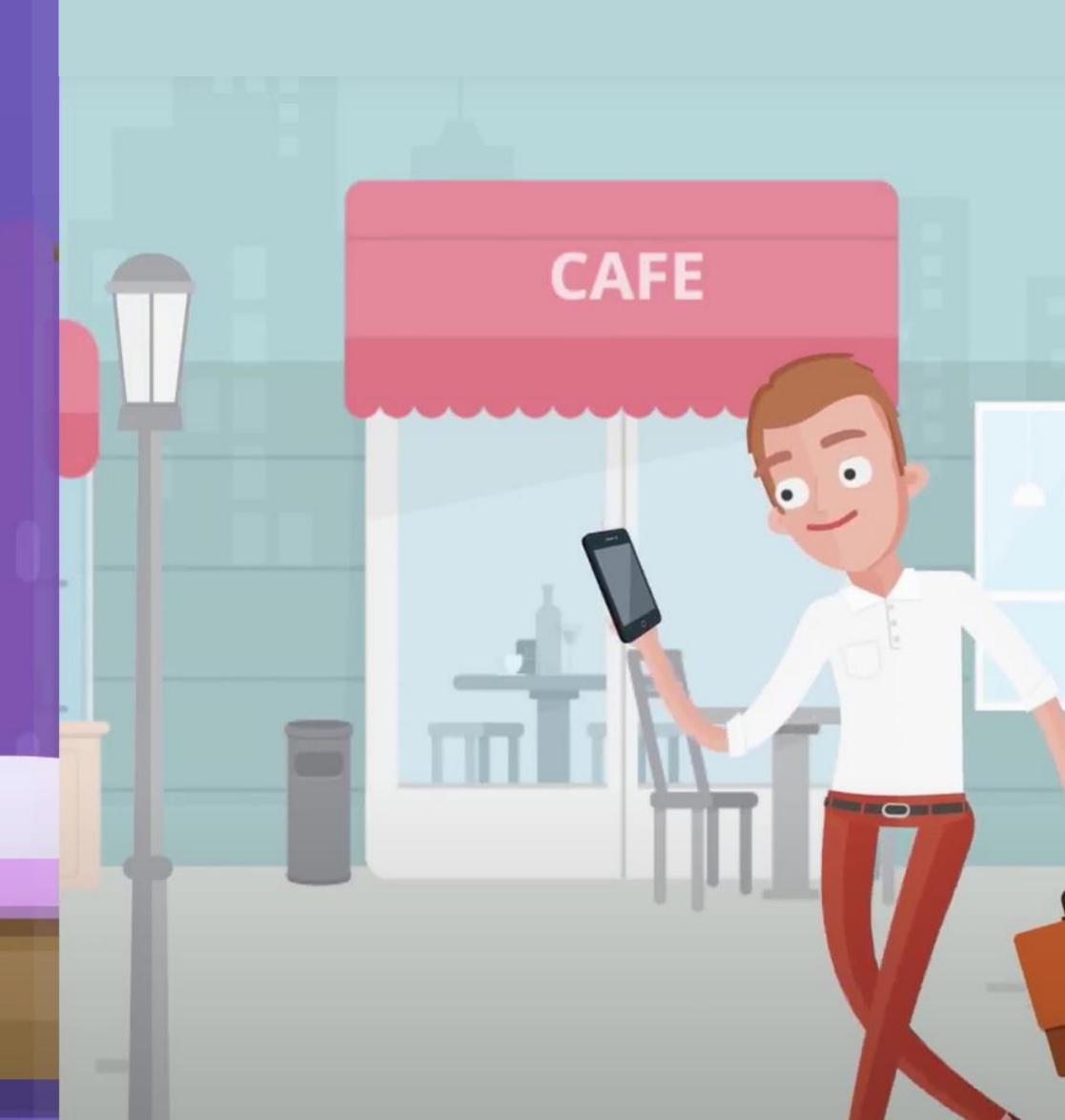
Anti-allergenic and safe for skin contact.





# Dorothy

Dorothy AR is the first assitstant for people with memory problems. It reminds them about daily tasks, guides around the house using Augmented Reality and keeps them connected with their caregiver.



# Vigo

Vigo is the first software based stroke rehabilitation therapy using years of research in stroke treatment, psychotherapy, and neuroscience.



### Medcub

Inovative company that provide radiology services via internet to hospitals and doctors.

### **DERMA**

Mobile Skin Screening Device
Intended for people to follow
their own skin condition.
A device that comes with the
phone and comes with
applications for both the
patient and the professionals.

### Wide

Software for digital customization of orthoses and prosthesis.



# More about Latvian Heath tourism cluster

Latvian Health tourism cluster, Email: info@healthtravellatvia.lv,

Phone: +371 29 214 868

# About medical tourism in Latvia

